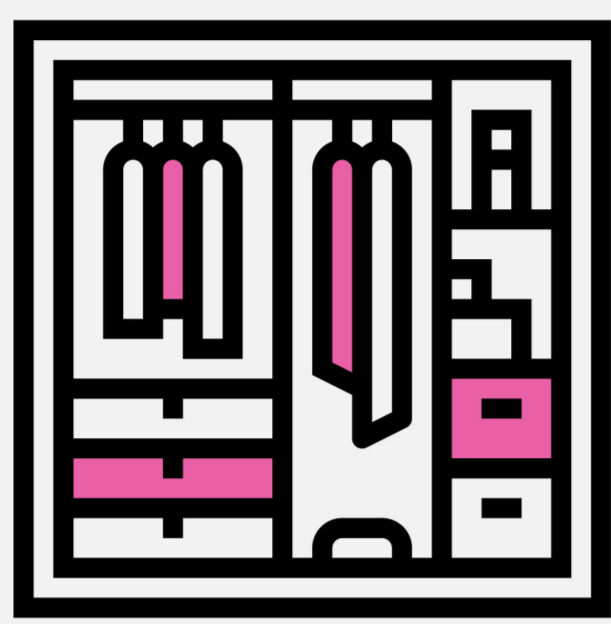
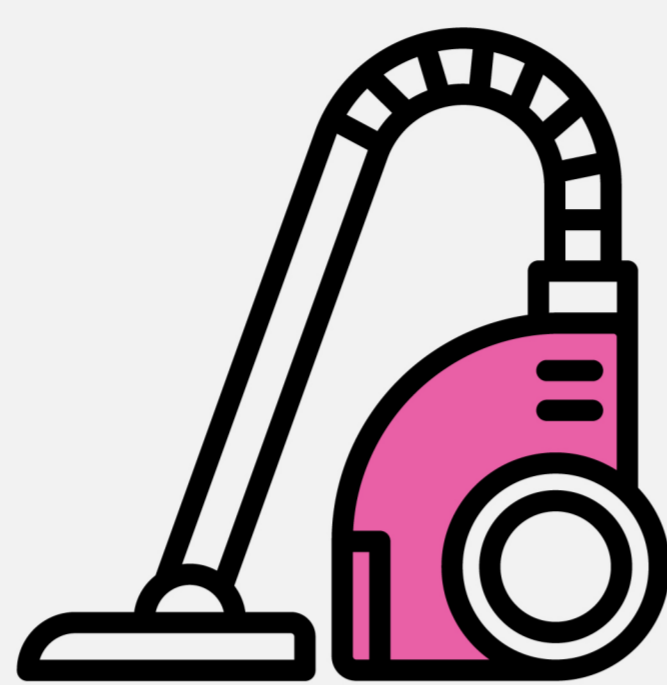


# House Cleaning Checklist



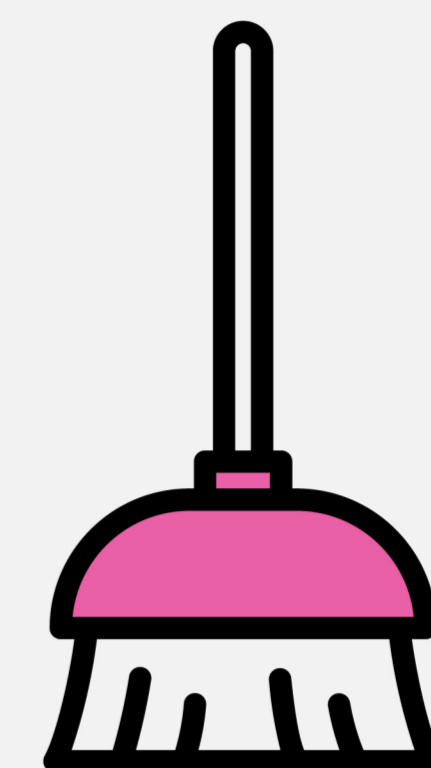
## DECLUTTER



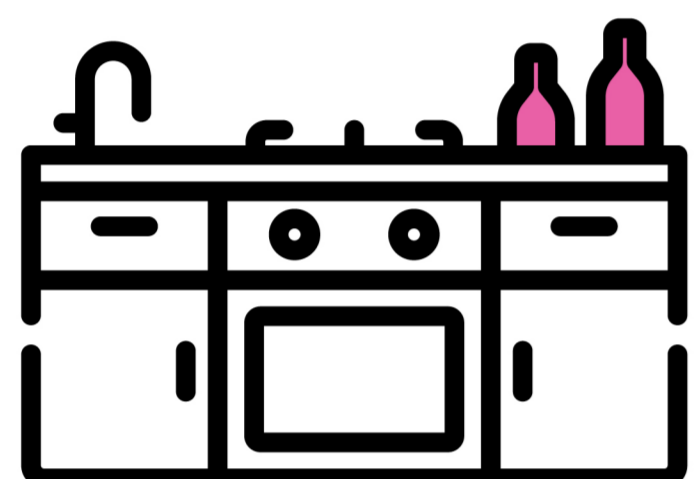
## VACUUM



## DUST AND DAMP-WIPE

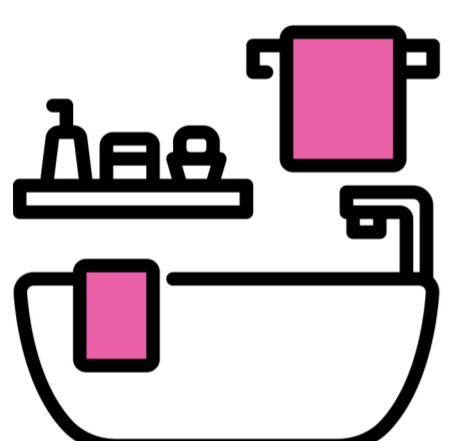


## SWEEP AND MOP



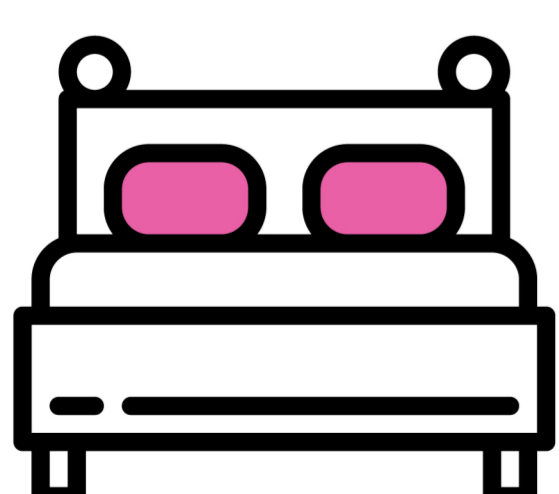
## KITCHEN

- ✓ Remove debris from the countertops and wash with a damp microfiber cloth and an all-purpose cleaner.
- ✓ Clean the exterior of your kitchen appliances, including the stovetop.
- ✓ Scrub the inside and outside of the microwave and other small appliances.
- ✓ Sweep and mop the floors, working from the far corner to the entryway.
- ✓ Rinse the cloth well and wipe down the exterior and interior of cabinet doors and the cabinet pulls.
- ✓ Run a hot water cycle on your dishwasher with a cup of baking soda to freshen it.
- ✓ Clean the kitchen sink and pour baking soda down the drain to control odors.



## BATHROOM

- ✓ Remove bath rugs, trash cans, and anything in the tub or shower.
- ✓ Apply grout cleaner to the grout and let it sit for 20 minutes.
- ✓ Use an all-purpose cleaner to clean the vanity, sink, and faucet, then rinse.
- ✓ Wipe down the mirror with a cloth and glass cleaner.
- ✓ Remove the shower curtain and wash it in your washer, or hand wash it in the tub.
- ✓ Rinse the shower walls and tub.
- ✓ Mop the floor with hot water and an all-purpose cleaner, and rinse off the residue.
- ✓ Use an all-purpose cleaner to spray down the shower walls, doors, and tub, then scrub them with a nylon scrubbing pad.



## BEDROOM

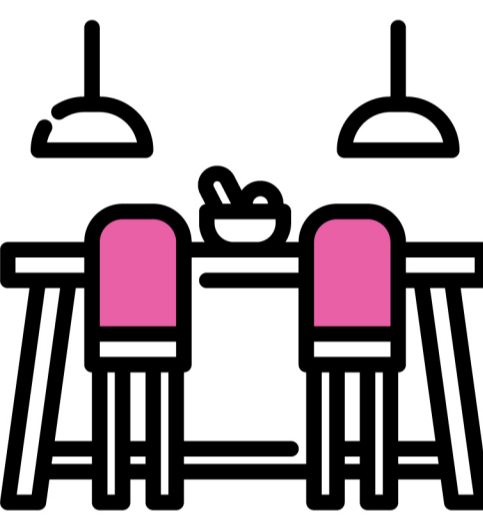
- ✓ Pick up any clothing or other clutter from the floor.
- ✓ Dust the tops of windows and doors, then work your way down, dusting all surfaces.
- ✓ Vacuum or sweep the bedroom floor.
- ✓ Strip the bed and sprinkle baking soda on the mattress, then vacuum and put on fresh bedding.
- ✓ Clean the windows with glass cleaner.

# House Cleaning Checklist



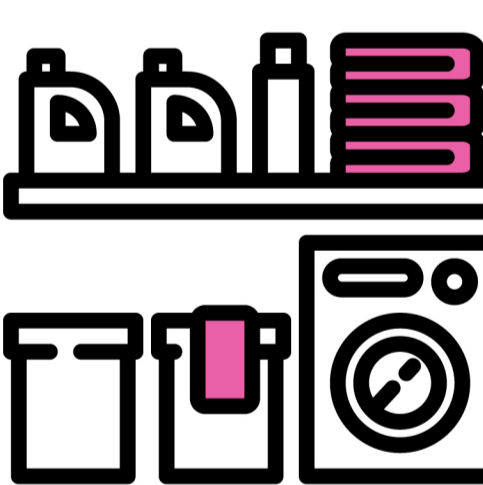
## LIVING ROOM

- ✓ Declutter by removing anything that doesn't belong in the living room.
- ✓ Dust from top to bottom with damp microfiber cloths, including picture frames, shelves, and furniture.
- ✓ Remove any loose cushions and vacuum them and the area beneath the cushions.
- ✓ Use rubbing alcohol and a paper towel to disinfect remotes, game controllers, and similar small electronics.
- ✓ Vacuum or sweep the floor.
- ✓ Clean the windows and window treatments like blinds.
- ✓ Wipe the TV and other electronics with a clean, damp microfiber cloth.



## DINING ROOM

- ✓ Dust from the top down using a microfiber cloth, starting with the light fixture or ceiling fan.
- ✓ Clean the windows and blinds.
- ✓ Damp-wipe the dining chairs from top to bottom, including between slats and other tight spots.
- ✓ Remove everything from the dining table and wipe it down with a damp microfiber cloth.
- ✓ Wipe down the legs or pedestals of the table.
- ✓ Vacuum or sweep the floor.



## LAUNDRY ROOM

- ✓ Declutter by moving cleaning supplies into cabinets and removing laundry baskets and anything else on the floor.
- ✓ Use an all-purpose cleaner to wipe down the exterior of the washer and dryer.
- ✓ Sweep and mop the floor.
- ✓ Damp-wipe the light fixture or ceiling fan, the ledges above doors and windows, and other surfaces, high to low.
- ✓ Wipe the laundry counter and cabinet doors with an all-purpose cleaner.
- ✓ Wash any dirty laundry.